

# December

## La Center Middle & Elementary School

| <i>Sun</i>   | <i>Mon</i>   | <i>Tue</i>  | <i>Wed</i>  | <i>Thu</i>   | <i>Fri</i>  | <i>Sat</i>  |
|--|--|---|---|--|---|---|
| <p><b>1<sup>st</sup> two choices are K-4 choices</b></p> <p>ALL lunches include a trip to the salad bar</p>                      |  |   |   | <p><b>1</b></p> <p>(S)Hamburger<br/>(S)BBQ Rib<br/>(S)Turkey Club<br/>(S)Oven Fries<br/>(G)Salad/Carrots<br/>(G)Fruit/Apple<br/>(G)Milk</p>      | <p><b>2</b></p> <p>(S)Chicken/Bun<br/>(S)Fish Burger<br/>(W)Pizza<br/>(G)Salad/Carrots<br/>(G)Fruit/Apple<br/>(G)Milk</p>           |   |
| <p><b>Lunch Prices</b></p> <p>K-4---\$2.15<br/>5-8---\$2.40</p> <p>Reduced<br/>K-3—Free<br/>4-8---\$.40</p> <p>Adult--\$3.60</p> | <p><b>5</b></p> <p>(S)Nachos<br/>(G)Deli Sandwich<br/>(W)Pizza<br/>(G)Salad<br/>(G)Fruit/Apple<br/>(G)Milk</p>           | <p><b>6</b></p> <p>(S)Hamburger<br/>(S)Turkey Club<br/>(S)Burrito<br/>(G)Salad/Carrots<br/>(G)Fruit/Apple<br/>(G)Milk</p>               | <p><b>7</b></p> <p>(W)Corn Dog<br/>(S)Ham &amp; Cheese<br/>(W)Pizza<br/>(G)Salad/Carrots<br/>(G)Fruit/Apple<br/>(G)Milk<br/>(S)Cookie</p> | <p><b>8</b></p> <p>(G)Turkey Gravy<br/>(S)Chicken Nuggets<br/>(G)Mashed Potatoes<br/>(G)Salad/Fruit<br/>(G)Roll<br/>(S)Ice Cream<br/>(G)Milk</p> | <p><b>9</b></p> <p>(W)Pizza<br/>(G)Turkey Sub<br/>(S)Chicken/Bun<br/>(G)Salad/Carrots<br/>(G)Fruit/Apple<br/>(G)Milk</p>            | <p><b>Sandwichs are made on whole grain bread whenever possible</b></p>   |
| <p>Ala Carte Milk<br/>\$.30</p>  | <p><b>12</b></p> <p>(S)Burrito<br/>(G)Deli Sandwich<br/>(W)Pizza<br/>(G)Salad/Carrots<br/>(G)Fruit/Apple<br/>(G)Milk</p> | <p><b>13</b></p> <p>(S)Chicken Nuggets<br/>(S)Ham &amp; Cheese<br/>(S)Hamburger<br/>(G)Salad/Carrots<br/>(G)Fruit/Apple<br/>(G)Milk</p> | <p><b>14</b></p> <p>(S)Chicken/Bun<br/>(S)Hamburger<br/>(W)Pizza<br/>(G)Salad/Carrots<br/>(G)Fruit/Apple<br/>(S)Chips<br/>(G)Milk</p>     | <p><b>15</b></p> <p>(W)Pizza Bagel<br/>(S)PB &amp; J<br/>(G)Salad<br/>(G)Fruit/Apple<br/>(G)Corn<br/>(G)Milk</p>                                 | <p><b>16</b></p> <p>(W)Hot Dog<br/>(S)Meatball Sub<br/>(W)Pizza<br/>(G)Salad<br/>(G)Fruit/Apple<br/>(G)Veggie Beans<br/>(G)Milk</p> | <p>(G) Go foods are anytime foods<br/>(S) Slow foods are sometimes foods<br/>(W) Whoa foods are once in a while foods</p> |
|  | <p><b>19</b></p>   | <p><b>20</b></p>  | <p><b>21</b></p>  | <p><b>22</b></p>   | <p><b>23</b></p>  |   |
| <p><b>WINTER BREAK</b></p> <p><b>SCHOOL RESUMES</b></p> <p><b>JANUARY 2ND</b></p>  |  |   |   |  |   |   |
|  | <p><b>29</b></p>   |   |   |  | <p><b>30</b></p>  | <p><b>Menu subject to change without notice</b></p>   |
| <p>This institution is an equal opportunity provider</p>   |  |   |   |  |   |   |
| <p><b>2011</b></p>   |  |   |   |  |   |   |